

BRAINWAVE©

Issue 9 – July 2018

Registered Charity 1166424



Firstly, a massive thank you and well done to Damon Carroll, Nicola Carroll, Marc Brown & Luke Alderidge, Damon, Marc & Luke completed the 190 miles bike ride in just over 23 hours, along with the support vehicle driver, Craig and the very supportive Nicola Carroll who was in charge of supplies (Drinks, sweets & sandwiches) and social media coverage as well as making sure Damon kept his clothes on. (Pictured are the boys at the start and the finish along with Lesley Kay, our lovely accountant from Parallax-Consultancy get a cuddle from our very own Steady Eddie. We managed to raise over £2.5k (when its all been collected) so really really pleased with that result although the football was the right result for Damon being a Chelsea follower!!! A very special mention to all the sponsors, donors and especially Steve at Parfetts and Stockport County.

Also: A fantastic achievement goes to Jenny Saxon, who after the Wilmslow half marathon got cancelled due to snow, she enlisted and completed the Chester half marathon for us, raising vital funds to help us help others.

Please Make a Note: of our brand new contact number in addition to the general support line 07752 777009 as we have listened to those who don't like calling a mobile so we now have 0330 0552197 as well;



#WeCareBecauseWeveBeenThere

What have we been upto?? Quite a lot really, as well as our weekly drop ins at Disability Stockport on a Wednesday morning and Life Leisure on a Friday morning, we also attended the Healthwatch Stockport Information Day at Marple Cricket Club which was very informative and well attended. We have been helping stroke survivors in Stockport, Southport, Stoke-on-Trent, Tonbridge, Birmingham, Cardiff, Neath, Carmarthen, London, Staffordshire to name but a few, so something is working and I would personally like to thank **all of you** for helping us to help others.

The Communicator: (Best said in a movie headline like the terminator) yes the communication aid Chabble is doing very very well indeed and Martin Harris has been really supportive to StrokeInformation and it must say something when the national charity have launched "My Stroke Guide" which is similar but nowhere near as good as Chabble. which is a shame but in hindsight, anything to improve our communication styles has got to be good and should help, Right? Which nicely brings me on to Stepping Hill, as you may already know Ive been knocking on Stepping Hill's door now for some time to try and help those impacted by Stroke in Stockport first hand but there seems to be something preventing StrokeInformation on to the Stroke wards to speak to patients and their families, I personally delivered leaflets to the hospital for the attention of Stuart Rodgers (Business manager) who replaced David Taylor who advised us that once we got registered charity status then we would be allowed to speak to patients and their families. I am at a loss as to the reasoning why we seem to be overlooked but even Stockport CCG are unable to force the trust to allow us as it is down to them, which is fair enough but my point is being ignored, in that for other conditions such as Cancer, there are several representatives from Macmillan, Beechwood, Cancer UK, Cancer Research, Prostrate Cancer amongst the many others so why not for Stroke?? Working together rather than against one another and surely it should be a freedom of choice???



Please bear with me as I have
had a STROKE and sometimes
struggle to get my words
out correctly.



#WeCareBecauseWeveBeenThere



As you may know I do like my hashtags so here is
another one **#ItsNotOurJobItsOurLives**

Do you need our help?

As well as the usual services we can help with such as: Blue Badge Applications, Driving Licence queries, transport cards such as bus passes / train passes, we also help with PIP forms, cinema cards, employer relations after Stroke. Getting back on the employment ladder if within working age or volunteering to get you back being involved and feel wanted again! Please contactus@strokeinformation.co.uk or alternatively ring our new number **03300 552197**

#WeCareBecauseWeveBeenThere



These are photos of a Stroke survivors floor in Kent.

The Power of Social Media: At the end of May 2018, we were contacted on social media by a resident of a housing association property, who is a disabled stroke survivor, he wanted to know if we could help, basically he fell through his laminate flooring because the floor joists gave way due to rot, because in the infamous wisdom of the housing association they had arranged for a new path outside but they omitted to install air bricks and a Manchester drain. Luckily the stroke survivor wasn't injured or hurt in this incident but his pride and property have been severely damaged. So we got involved and highlighted that the housing association haven't helped with the anxiety levels of their tenant but have also failed to repair the floor in 10 weeks, we got involved and the floor was made safe temporarily within 8 hours. Now they have fixed the joists but will not replace the laminate flooring as this is classed as decoration, however the floor wouldn't have been damaged if correct construction procedure had been followed on the laying of the path outside. Now we have initiated discussions with the housing association and thus far, they have offered £250 in compensation and they have stated that the tenant is more than entitled to spend the £250 on new laminate flooring. Here's that hashtag again **#WeCareBecauseWeveBeenThere**

**ARE YOU OR DO YOU KNOW A
STROKE SURVIVOR??**

OF WORKING AGE?? (17 - 60)?

Want to gain Employment?

In early 2018, StrokeInformation are
looking for circa 6 people for a pilot
scheme in the Stockport area



Register your interest now to be
considered.

Contact: AskMe@strokeinformation.co.uk

Remember this? Could it be for you??

Towards the end of last year we started searching for others impacted by Stroke that would like to get back into employment, paid or voluntary. Well I can now confirm that we have had two candidates take part (again at no cost to them) who have now got a CV with a real difference and both have now gained an understanding and undertaking duties which will see them be more employable in the future.

Interested??

then please email

contactus@strokeinformation.co.uk or ring us
on 0330 055 2197

We continue to grow, we are always looking for volunteers to help with awareness days, fundraising and generally reaching the unreachable and forgotten voices in our society. We would also like to mention the following individuals who have taken their time to get involved with StrokeInformation. So thank you Nick, Sue, Mike, Marjory, Ollie, Kym, Tony, Lucy, Benny, Christine, Jo, Charlotte, Becki, Simon, Kate, Laura, Earl, Errol, Susan. Thanks for sharing your experiences of pre and post stroke and together we can have our voices heard by others impacted by Stroke and MP's, researchers and other professionals to make not only our recovery journey a more fruitful and enjoyable one, but others impacted by Stroke in the future.

Did you know that?: There are 17 million strokes in the world each and every year? Out of that figure, approximately 153,000 are in the UK alone? Around 18,000 people out of that 153,000 will be left with some form of disability?

Over 25% of Strokes happen to people under the age of 65?

The CEO of the national Stroke Charity is also the co-chair, NHS England Board for Stroke?

Never Never give up, keep trying and we can support you

Next Issue: OCT 2018 We would love you to contribute and get involved after all StrokeInformation is your vehicle to have your say.
admin@strokeinformation.co.uk

THANK YOU FOR YOUR SUPPORT

